

Horatio's  
Garden

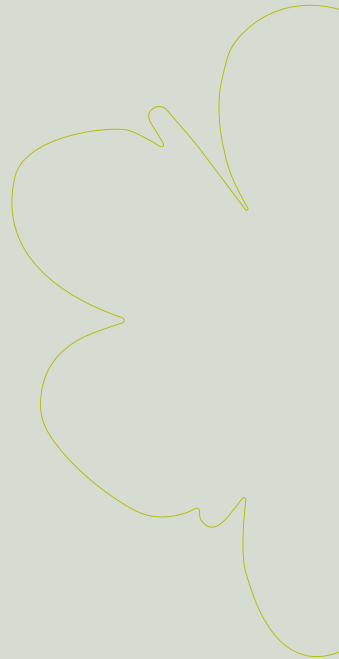


Nurturing lives after spinal injury



# Impact Report

For the year ended 30 April 2025



Charity registration number:  
England & Wales 1151475 | Scotland SC045386



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All statistics have been drawn from  
surveys in every garden in 2025





## People with spinal injuries need gardens like these. At Horatio's Garden, we know this, and that's why we build, care for and staff transformative gardens at NHS rehabilitation centres.

Spinal injury can happen to anyone at any time. The results are life-changing and devastating. Life may never be the same again for you or for your family and friends around you. You may spend three to nine months and potentially longer in a specialist spinal injury centre, often far from home.

We know how critical it is to have an incredible garden on offer right outside the hospital ward as a vital part of the rehabilitation pathway. Places for reflection and adjustment, privacy and solace, joy and companionship to all who need it. We lead gardening sessions to grow and cultivate plants, arts workshops to discover new skills and a programme of live music and events.

We want to make sure that everyone who spends time in a spinal injury centre in the UK has a Horatio's Garden. To date we have opened eight gardens in the South West, Scotland, Stoke Mandeville, Midlands, London & South East, Wales, Northern Ireland and the latest, eighth garden, opened in April 2025 in Sheffield. We are fundraising for Horatio's Garden North, our ninth garden in Middlesbrough and plan to start construction in 2026.

# Our vision, mission & values

## Vision

To sustainably grow thriving communities and biodiverse gardens in every NHS spinal injury centre in the UK.

## Mission

To improve the lives of everyone affected by spinal injury through creating and nurturing beautiful gardens in NHS spinal injury centres. We grow thriving communities to support the physical and psychological wellbeing of patients and their loved ones facing long stays in hospital, as well as NHS staff.



## Values

### Empowering People

We are dedicated to supporting people affected by spinal injury. We treat everyone with dignity and respect and are compassionate, caring, and kind. We are staffed by outstanding, enthusiastic employees, trustees and volunteers. We are committed to investment in training and development so that our teams can deliver the best service. We believe in equal opportunities for all and strive to be a diverse organisation.

### Pioneering Thinking

Our gardens are pioneering and innovative places of exceptional standard. Our aim is to improve the outcomes for people facing life-changing injuries by using an evidence-based approach to transform the environment and enhance the holistic care given in spinal injury centres. We are not afraid to challenge and change norms. As thought leaders, we champion the wider benefits of gardens to health.

### Practical Sustainability

We invest in nurturing all our gardens to ensure their longevity. We have a positive impact on the environment and have a sound sustainability culture. We are professional, ethical, accountable and have strong governance. Our detailed financial strategy and fundraising plans provide long-term security.



# Jessie-Lou's story

## Jessie-Lou

I'm 13 years old and from Glasgow. In my free time I love musical theatre and singing and I played Charlie in Charlie and the Chocolate Factory on the UK tour.

One day I just woke up and my legs were really weak and after half an hour, I was completely paralysed from the chest down. I was diagnosed with transverse myelitis which is very rare.

I was in hospital for three months until I was referred to Stoke Mandeville which was six hours away from home.

When I came to Horatio's Garden, I felt that this couldn't be real because no other kind of hospital that I'd seen had had such a lovely place to socialise and just be yourself. You could even take art classes.

There were also lots of other people to talk to that had something in common with me in having a spinal injury too. We played board games, pretended to dance and even did wheelchair races where we became Formula 1 drivers!

One of my favourite things about Horatio's Garden was just seeing all the bees pollinating from the colourful flowers and it was just very lively.

One time there was some live music with a man playing guitar who was just singing away. But at the end, since he had a microphone, we asked if I could go up and sing a wee song.

And that was the first time I sang in front of people again after all those months. It felt like I was free.

## Nicola, Jessie-Lou's mum

When we came out to the garden for the first time, we had been cooped up in a hospital for three months.

It wasn't just an outdoor space, we were absolutely blown away. We saw the plants and flowers changing during the eight weeks we were here.

For me, I felt very much at peace in the garden. I hadn't felt at peace for so long.

I have a really powerful memory of sitting in the garden one evening with some of the other mums. Our kids were chasing each other and laughing, just kids playing outdoors. It was such an emotional moment as it had been such a long time since we'd heard that. It was such a safe space in gorgeous surroundings.

But one of the most special things for me in the garden was that Jessie-Lou started singing again.

A large part of all her healing has been her time spent in Horatio's Garden. I find it hard to put into words everything that it has meant.



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It wasn't just an outdoor space, we were absolutely blown away. We saw the plants and flowers changing during the eight weeks we were here.

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# Chair's report

This year more people than ever have contributed to Horatio's Garden – a powerful testimony to the importance of our work and recognition of the extraordinary difference we make in the aftermath of spinal cord injury. Horatio's Garden only grows because of the remarkable support from extremely committed people – whether donors, volunteers or trustees – I am so grateful to everyone involved.

In June 2024 we celebrated the official opening of Horatio's Garden Northern Ireland with patients, families, volunteers and NHS staff, along with people from the civic communities in Belfast. It was a very significant occasion, marking the charity's future, serving people from across the whole of the United Kingdom.

After a long winter of building, Horatio's Garden Sheffield & East was completed and on a glorious April spring day, we welcomed patients and staff to the garden. It was incredibly moving to witness people exploring the garden for the first time and to hear their initial reactions to the transformation of the car park into a beautiful place.

The capital campaign for Horatio's Garden at Sheffield's Princess Royal Spinal Injuries Centre – the UK's second largest spinal injury centre – was successful thanks to generosity from many individuals and charitable trusts. We are particularly grateful to Project Giving Back, The Band Trust, National Garden Scheme, Sanita Merali Trust, Garfield Weston Foundation, the Sheffield Hospitals Charity, Pears Foundation, Geoff and Fiona Squire Foundation, The Clothworkers' Foundation, The Margaret Fisher Charitable Trust, The Bernard Sunley Foundation and Matthew & Frances Lindsey-Clark.

As our reach broadens to 72% of the UK's spinal injury centres, we continue to ensure we are delivering an evidence-based mission and this year we have worked to strengthen our quantitative and qualitative data collection thanks to a grant from the Queen Anne's Gate Foundation.

strategic growth of the charity, enabling us to make sure we always meet the varied needs of people with spinal injuries and their families who use Horatio's Gardens and can respond to changes in service delivery by the NHS.



The year marked a significant move forward for the organisation with the appointment of our first CEO, Katie Tait. The transition has been highly successful, allowing the Board to concentrate on governance and strategic direction. The partnership between the CEO and the Board has been both strong and constructive, and the dedicated staff team continues to thrive under the new structure and Katie's exceptional leadership. One year into this change, we are a more resilient organisation, well prepared for the future.

The charity's work in the sphere of gardens and health and our wider contribution to inspiring improved access to nature for everyone in care settings was recognised with the Elizabeth Medal of Honour from the Royal Horticultural Society in May 2024. We are pleased to continue to advise and support other organisations working in this challenging area and thank the Aurora Trust for their facilitation of this work.

In December I was enormously proud to be presented with an OBE by His Majesty the King at Windsor Castle. This award is a tribute to everyone who has loyally supported the charity from inception, as well as to Horatio, whose ideas inspire us every day.

Thank you.



**Dr Olivia Chapple OBE EMH MRCGP**  
Founder and Chair of Trustees




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“This award is a tribute to everyone who has loyally supported the charity from inception, as well as to Horatio, whose ideas inspire us every day.”



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“When I’m in the garden, I can take time to be on my own, be mindful and let my head be quiet from all the uncertainty my condition caused. Here, I can get hands on and smell and touch the plants and indulge in some escapism.”

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# Chief Executive's report

This has been a highly productive and innovative year at Horatio's Garden as we lay down strong foundations for the delivery of our next five-year plan.

## Strong foundations

**I** Ensuring that the patient experience is at the heart of all we do. This year we have employed a Patient Experience Lead and a Senior Impact Researcher so that we can robustly test every aspect of our support from the initial welcome to the garden to long term relationship building with patients. The work reflects how well the gardens are operating currently and gives us the reassurance that we are offering the best possible support. Horatio's Garden has always excelled at listening to the needs of people with spinal injuries and their families and we have built on that work by running regular patient forums in our gardens to give us clear access to these voices.

- 2 Broadening awareness of our work.** This has been a standout year in terms of press coverage including launching a partnership with Country Living magazine. This has seen articles in each monthly edition reaching over 500K readers and a reach of over 1 million on social media. Country Living also joined Horatio's Garden as a sponsor at RHS Chelsea Flower Show with a stand designed by Bunny Guinness, leading to widespread publicity and a 5-star award from RHS judges.
- 3 Diversifying our income streams.** In what we know is a particularly challenging economic environment for charities we have taken measures to broaden our income streams to ensure we are not over reliant on our Trust and Foundations' income. We have invested in our 'Friends' proposition to drive individual giving and made this the primary offering in our gardens. This approach has exceeded our expectations and delivered a 21% rise in individual giving. We have also added to our events portfolio, launching an annual 'Tulip Lunch' and are building support for the carol concert at St Paul's Cathedral in 2026.
- 4 Stakeholder engagement.** It is key we ensure that the people who support us on every level feel informed and thanked for their critical support. This year we launched an annual Patrons' lunch for key individuals and a regular leadership email from our Chair. We have successfully launched our first regional Instagram account which will be rolled out to all our gardens.



- 5 Staff engagement.** We launched a simpler appraisal process and a clearer structure for remuneration which has been well received by staff. This was reflected in our staff survey which found 88% of staff felt they had adequate opportunities for professional growth and development.
- 6 Capital development.** As we continue in our mission to reach the 11 spinal injury centres across the UK, Horatio's Garden Sheffield & East came to completion which supports the second biggest spinal injury centre in the UK. For our ninth planned garden, Pollyanna Wilkinson along with the architectural firm EBBA have designed a patient focused and beautiful garden for North Yorkshire in Middlesbrough. The fundraising for this is progressing well and we plan to be on site in mid-2026.



**7** **Maintaining and supporting our existing gardens.** We know how critical ease of access to our gardens is for patients and this year we launched a campaign to insert doors into the wards at the Queen Elizabeth National Spinal Injuries Unit in Glasgow so that patients can reach the woodland garden easily. The project is now fully funded and has received planning permission and will be completed in 2026.

**8** **Collaboration with other spinal injury organisations.** This year we joined a coalition of SCI charities to develop a Spinal Cord Injury Strategy Consultation which aims to shine a light on improving the care, support and quality of life for people living in with SCI in the UK. This is the first step in a much wider process of consultation to influence government and NHS strategy.

**9** **Working alongside the NHS.** Building a strong and cohesive relationship with the NHS is key to our success. This year we were invited to speak at the Guttman Conference, which gathers key experts in spinal injury at the James Cook University Hospital in Middlesbrough. Our impact work will continue to enhance our reputation and build the case for support within the NHS.



“Horatio’s Garden makes a significant and profound difference to the rehabilitation of patients with spinal injury and supports both their families and friends. The NHS is proud to have these fantastic gardens as a critical resource in how we deliver our care.”

**Neil MacDonald**, Chief Executive Buckinghamshire Healthcare Trust

It has been a rewarding and inspiring first year as CEO and I feel lucky to be leading such an extraordinary organisation. Being able to spend time with people with spinal injuries and their families and the NHS staff who care for them has been both moving and uplifting. Hearing them describe how the garden has brought them both solace and joy at the hardest of times brings home how essential our work is.

I have been consistently impressed by the dedication, efficiency and skill of the staff at Horatio’s Garden. This has been against a background of economic pressure and increased competition in the Third Sector and an increasingly overstretched NHS. With a supportive Board of Trustees and a hugely knowledgeable and dedicated Founder and Chair, we have worked together to ensure Horatio’s Garden continues to flourish and grow.

**Katie Tait**  
CEO

# People with spinal injuries

4,700 people have a spinal injury every year

Every two hours someone has a spinal injury

Around 105,000 people live with a spinal injury across the UK

*Spinal Injuries Association report, May 2025*

A spinal injury can be devastating and life changing and can happen to anyone. Rehabilitation can last many months at a specialist NHS spinal injury centre which is often far from home.

People with a spinal injury are 56% more likely to experience mental health issues\* and have at least a four times increased risk of suicide.\*\*

And that's where we come in. It's critical to have a garden as part of your rehabilitation right outside your hospital ward. Our garden team offer personalised support, and people tell us they cannot get through this time without Horatio's Garden.

A place for privacy, to see family, to decompress and learn new skills. To support physical, emotional and psychological needs, reduce stress and anxiety, help process trauma and connect with others. And somewhere to practice what life outside a hospital ward may feel like.

Our impact shows the transformative effect our eight gardens and staff have on people at every stage of rehabilitation.

\* Migliorini et al, 2008 \*\* De Vivo et al, 1991

## 100%

of people with a spinal injury reported improved wellbeing from using Horatio's Garden

## 99%

of people with a spinal injury reported that Horatio's Garden was helpful for socialising with other patients

## 97%

of people with a spinal injury feel more connected to family and friends as a result of Horatio's Garden

## 80%

of people with a spinal injury use the garden at least once a day

## 71%

of people with a spinal injury noticed a distraction from pain when they are in Horatio's Garden

## 13%

of people have been in the spinal centre for more than six months



“It is impossible to put into words how important the gardens are. Thank you from the bottom of our hearts for providing such a special place to heal, reflect and recharge.”

“I feel at peace here. My anxiety levels disappear. Listening to the birds and the smells and calmness is amazing. Sometimes I go out feeling desolate but I always end up feeling more in control just by focusing on something else. You feel normal again, not just a patient. I’ve loved watching the garden throughout the seasons and how it comes to life.”

# Family and friends

A traumatic spinal injury doesn't just impact the person injured but can be life-changing for family and friends too. This ripple effect of spinal injury can cause shock, grief, anxiety and put a heavy strain on relationships.

The gardens offer a warm, welcoming and comfortable place all year round for people who may have travelled hours for a visit.

Somewhere where they can feel at home, connect with nature, have private conversations, make their own tea and enjoy homemade cake, celebrate birthdays and where children can play freely.

And somewhere where they can also talk with others who understand the challenges they are experiencing. Our seasonal events and workshops give families the opportunity to spend time together and form new positive memories.

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“Horatio's Garden has brought hope, joy and peace to us as a family. I feel able to breathe when I'm with Dad in the garden because of the beauty, fresh air, perfume of the flowers and the sound of the birds.”

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“The garden lifts my mood and helps me feel peaceful in facing a chaotic and unknown future.”

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“Having something like Horatio's Garden to spend time in with my partner is wonderful, compared to the hospital ward which can be depressing and claustrophobic.”



# 100%

of visitors reported improved wellbeing from using Horatio's Garden

# 84

average number of miles travelled by visitors

# 75%

of visitors visit the person in the spinal injury centre at least weekly

# 74%

of visitors go to the garden with the patient each time they come to the spinal injury centre

# 44%

of visitors go to the garden on their own every time they visit for a break

# 40%

of visitors visit the person in the spinal injury centre daily



# NHS staff

Working in a hospital can be an emotionally intense and stressful environment.

For NHS staff, the gardens can help decompress and improve mood, having a clear impact on morale, job satisfaction and stress levels.

Here, they can discuss sensitive topics with patients, arrange therapist meetings and run rehabilitation sessions away from the clinical environment.

100%

of staff believe that patients benefit from Horatio's Garden

100%

of staff encourage patients to use Horatio's Garden

96%

of staff said going into Horatio's Garden improves their time at work

93%

of staff who use the garden said they notice a reduction in their personal stress levels

73%

of staff go into Horatio's Garden with a patient at least once a week

72%

of staff use the garden on their own without a patient and another 18% said they would do this if they could

“When the patients are feeling, for want of a better word, happier, they are more receptive to treatments.”

“I love going into the garden, it is always beautiful. It allows me a few minutes of quiet or personal reflection which improves how I am feeling and reduces my stress.”

“The garden improves every single person’s experience of rehab, whether it is a social space, space to relax, space to try new activities in therapy or with the Horatio’s Garden staff. It isn’t a hospital and it looks and smells wonderful.”



# Where we work



● Regional spinal injury centre with a Horatio's Garden

● Regional spinal injury centre with a Horatio's Garden in progress

● Regional spinal injury centre with future plans for a Horatio's Garden



## Horatio's Garden South West

Horatio's Garden South West opened in 2012 at the Duke of Cornwall Spinal Treatment Centre at Salisbury District Hospital, designed by seven-time RHS Chelsea Gold Medal winner, Cleve West.



## Horatio's Garden Scotland

Horatio's Garden Scotland opened in 2016 at the Queen Elizabeth National Spinal Injuries Unit (QENSIU) at Queen Elizabeth University Hospital in Glasgow, designed by garden designer and RHS Chair of Judges, James Alexander-Sinclair.



## Horatio's Garden Stoke Mandeville

Horatio's Garden Stoke Mandeville opened in 2018 at the National Spinal Injuries Centre in Stoke Mandeville Hospital, designed by RHS Chelsea Gold Medal winner and presenter of BBC Gardeners' World, Joe Swift.



## Horatio's Garden Midlands

Horatio's Garden Midlands opened in 2019 at the Midland Centre for Spinal Injuries (MCSI) at the Robert Jones and Agnes Hunt Orthopaedic Hospital in Oswestry, designed by journalist and six-time RHS Chelsea Gold Medal winner, Bunny Guinness.



## Horatio's Garden London & South East

Horatio's Garden London & South East opened in 2020 at the London Spinal Cord Injury Centre (LSCIC) at the Royal National Orthopaedic Hospital, Stanmore, designed by nine-time RHS Chelsea Gold Medal winning landscape architect, Tom Stuart-Smith.



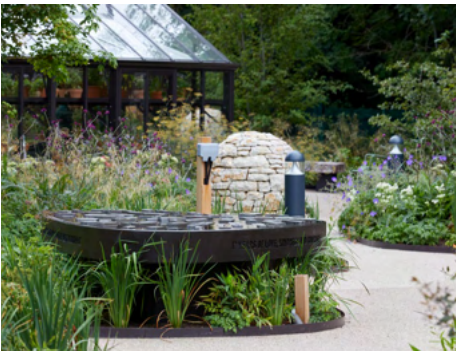
## Horatio's Garden Wales

Horatio's Garden Wales opened in 2022 at The Welsh Spinal Cord Injury and Neuro Rehabilitation Centre at University Hospital Llandough in Cardiff, designed by three-time RHS Chelsea Gold Medal winner, Sarah Price.



## Horatio's Garden Northern Ireland

Horatio's Garden Northern Ireland opened in 2023 at the Spinal Cord Injuries Unit (SCIU) at Musgrave Park Hospital in Belfast, designed by nine-time RHS Chelsea Gold Medal winning garden designer Andy Sturgeon.



## Horatio's Garden Sheffield & East

Horatio's Garden Sheffield & East opened in 2025 at The Princess Royal Spinal Injuries Centre at Northern General Hospital in Sheffield, designed by four-time RHS Chelsea Gold Medal winners, Charlotte Harris and Hugo Bugg of Harris Bugg Studio.



## Horatio's Garden North

Horatio's Garden North will be created at the Golden Jubilee Regional Spinal Cord Injuries Centre at the James Cook University Hospital in Middlesbrough. Designed by RHS medal winner Polly Wilkinson, work will begin in 2026.



# Horatio's Garden Sheffield & East

We opened the doors of Horatio's Garden Sheffield & East to people and their families at the Princess Royal Spinal Injuries Centre at Northern General Hospital for the first time in April 2025.

With a balcony overlooking the garden, many at the UK's second largest spinal injuries centre had watched it being built from the wards as it transformed from a car park into a thriving garden.

The team at RLX Construction began work in May 2024, project managed by Gleeds with planting in March 2025 led by Head Gardener Ruth Calder and involving many new volunteers. And two years after winning Best in Show at RHS Chelsea Flower Show, the garden designed by Charlotte Harris and Hugo Bugg of Harris Bugg Studio began to make an immediate impact.

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“From the very beginning, we wanted to prove that accessible design should never be a tick-box exercise or a compromise; it must and can be thoughtful, beautiful, and as emotionally resonant as any other space. To see the garden begin its new chapter here, supporting people in such a meaningful and powerful way, is a very proud moment for us.”

**Charlotte Harris and Hugo Bugg**

“The garden is amazing - there is so much to look at and it has such a healing effect. My dad was a Yorkshire stonemason and to see the incredible craftsmanship in the garden is beautiful. Being out here and away from the hospital environment is really helping me feel more like myself especially having been in the centre for a long time. I can already see what a huge difference this is going to make to my recovery.”

**Margaret**

The thoughtful design features a gently brimming water feature of cutlery casts inspired by Sheffield’s industrial past and a series of handcrafted stone cairns created by the fifth generation master stonewallers at Noble Stonework, reflecting the idea of wayfinding when a path is unclear.

A cocooning pod provides peaceful privacy with a warm and sociable garden room where people come together and take part in activities. People can take part in gardening sessions in the Griffin Glasshouse with outdoor raised beds.

Horatio’s Garden Sheffield & East has been generously supported by the National Garden Scheme, Project Giving Back, Sanita Merali Trust, Garfield Weston Foundation, Sheffield Hospitals Charity, The Geoff and Fiona Squire Foundation, The Band Trust, The Clothworkers’ Foundation, Pears Foundation and many other supporters.





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“There is no doubt that the garden will play an important part in the rehabilitation of so many of our patients and provide a lovely space for them to enjoy with their family and friends.”

Annette Laban, Chair of Sheffield Teaching Hospitals NHS Foundation



3,454

perennials

1,875m<sup>2</sup>

790

grasses

737

shrubs

32

trees planted

4

structures

# Garden activities

Each of our gardens feature planting that can be experienced from different vantage points and all year round, with accessible greenhouses and raised planters. There's always plenty of sensory interest whether it's the texture and winter structure of shrubs and trees, grasses that catch the soft sounds of the wind, insect-friendly flowers or herbs to smell and taste.

Our head gardeners lead gardening sessions with people to grow and cultivate their own salad leaves, vegetables and flowers and to learn or develop their skills. These are organised in collaboration with the spinal centres' occupational therapy teams.

The gardening can offer a wide range of physical benefits including improved fine motor skills, developing strength and managing pain. There are also psychological and emotional advantages with people finding it reduces stress and anxiety, improves mood and offers a sense of purpose and mindfulness.

95%

of people with a spinal injury noticed a reduction in stress during gardening sessions

94%

of people with a spinal injury said their mental health and self esteem improved during gardening sessions

88%

of people with a spinal injury felt distracted from pain during gardening sessions

72%

of people with a spinal injury felt the sessions strengthened or helped refine hand or arm muscles

*Updated dataset for 2025*

“It momentarily transports us away from everything medical! To be able to concentrate on something completely different is so therapeutic.”



“The garden improves every single person’s experience of rehab. Whether it is a social space, space to relax, space to try new activities in therapy or with the HG staff. It isn’t a hospital and it looks and smells wonderful.”

Member of NHS staff



# Events programme

We organise regular events and creative workshops in the gardens which help people to process emotions, build confidence, enable social interaction and provide a chance to make positive new memories with family and friends.

Our creative programme offers a wide range of techniques and pursuits including mosaic making, willow weaving, print making, sewing, ceramics and wood turning.

This year's highlights have included workshops with sculptor Mark Coreth and storyteller Giles Abbott. We also display artworks in the gardens which included pieces by Alexander Macdonald-Buchanan in Horatio's Garden South West and Rebecca Newnham in Horatio's Garden Stoke Mandeville.

Each garden has regular live performances by jazz, classical and folk musicians as well as poets and writers.

92%

of people with a spinal injury found a distraction from their pain as a result of taking part in arts workshops

90%

of people with a spinal injury felt that the arts workshops strengthened or refined their hand or arm muscles

84%

of people with a spinal injury felt the arts workshops had improved their stamina

72%

of people with a spinal injury found that their balance had improved as a result of taking part in arts workshops

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“For people on bedrest like me who can’t use the wheelchair and stay in their room all the time, the change of environment is so positive - meeting people, listening to music and not looking at the same four walls - it all helps the healing process and it completely changes your mood. You feel something different from the routine of hospital, tablets, physio. It really is medicine for the soul!”

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“Being in the garden rekindled my love of music. My musician friends came to visit me in the garden as a surprise as I used to play with them 15 years ago. They convinced me to perform with them and then it just became a regular event in the garden. When I left hospital, we played at a fundraising event for Horatio’s Garden and I even played a solo - something I wouldn’t have dreamed of doing before!”







# Volunteers

Volunteers support every Horatio's Garden be it gardening, patient support, cake baking, fundraising or administrative roles.

206

volunteers helped across all gardens and at central office in Salisbury

357

hours average weekly volunteer time

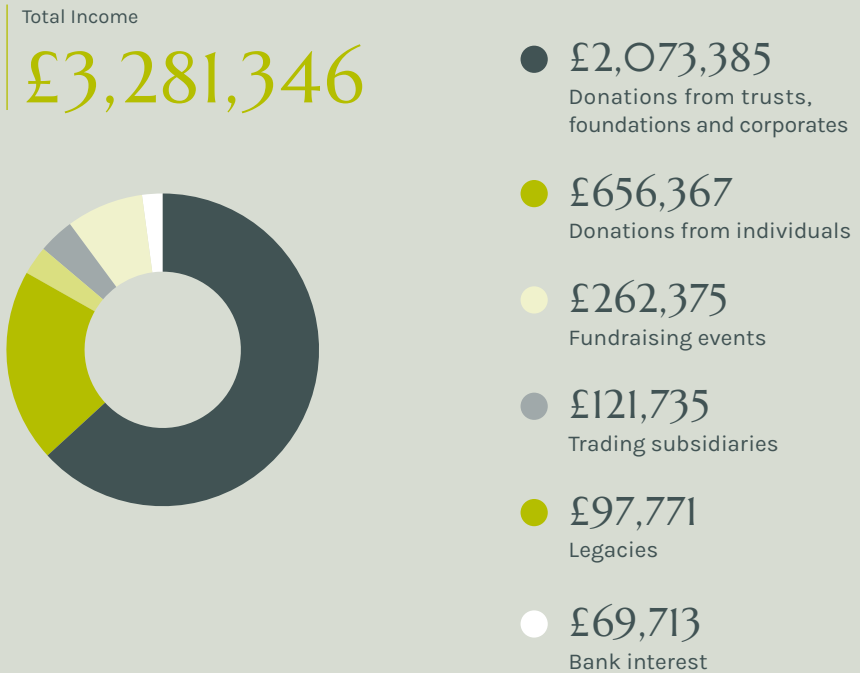
18,615

annual total of volunteer hours

# Our funding

As a registered charity with no statutory funding, our work is made possible through the generosity of public support.

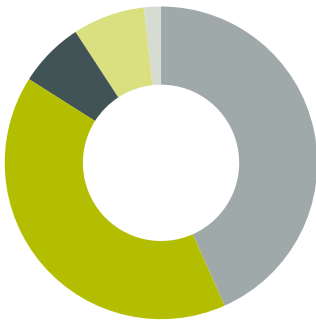
## How we raised money to support people with spinal injuries



## How your money supported people with spinal injuries

Total expenditure

**£3,311,556**



- £1,435,018**  
 Garden design and construction costs
- £1,346,315**  
 Programme costs to maintain garden and deliver services for people with spinal injuries
- £246,962**  
 Management and support costs
- £225,026**  
 Fundraising costs
- £58,235**  
 Trading subsidiaries

Our net deficit was £30,210. This was due to the timing of the building costs for Horatio's Garden Sheffield & East as its funding was secured before this financial year.

# Challenge highlights

Our brilliant fundraisers this year have trekked the Camino de Santiago, taken part in the Chicago Marathon in an NHS standard wheelchair and organised a school dodgeball competition.



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We were blown away by Baroness Martha Lane Fox's extraordinary achievement in climbing the UK's three highest peaks across the year. Twenty years ago, a horrific car crash changed her life. She spent two years in hospital, suffers from complex neurological and orthopaedic trauma and walks with two sticks.

Martha remarkably reached the summits of Yr Wddfa (Mount Snowdon), Scafell Pike, and Ben Nevis, surrounded by her friends and family, raising an extraordinary £80,000 for Horatio's Garden.









It was following a hiking accident that Dave Palmer came to The Princess Royal Spinal Injuries Centre in Sheffield.

He and his family have found the Sheffield & East garden a place where they could try and feel, as they put it, 'normal' especially as Dave was someone who longed to be outdoors.

Dave's incredible family ran 29 miles from their family home via the Peak District to Horatio's Garden with 20 of their friends, raising money so that many more people can get the support they had.

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“Ever since Dad was transferred to Sheffield, the garden has been the best thing about this awful experience. It was one of the first places we went as a family and it's been Dad's goal to get strong enough to go out there from the ward - something he's now done, even taking part in art classes and doing some pruning. He's such an outdoor man that it was great for him to be able to go out and do something like gardening that he'll be able to do when he goes home too.”

Tessa, Dave's daughter

# Governance

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## Royal Patron

HRH Princess Eugenie

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## President

The Countess of Radnor

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## Trustees

Dr Olivia Chapple OBE EMH MRCP  
(Chair)

James Alexander-Sinclair

Mohammed Belal FRCS

Catherine Burns

David Chapple FRCS

Richard Grainger

Victoria Holton (Executive Trustee)

Lisa Stratton

Mark Yallop CBE

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## Leadership Team

Katie Tait – CEO

Julia Dustan – Finance Director

Bethan Cummings – Director of  
Fundraising & Events

Zoë Franklin – Director of  
Communications & Impact

Kath Moss – Director of Gardens

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## Ambassadors

Lord Bilimoria DL

Dame Emma Bridgewater DBE

Maggie Cameron

Adam Frost

Frank Gardner OBE

Mel Giedroyc

David Gregg

Sir Algernon Heber-Percy KCVO

John Illsley

Dame Joanna Lumley DBE

Jack Mannings

Annie Maw CVO CStJ

Peter Reed OBE

Melanie Reid FRSE

Anneka Rice

Bianca Roden

The Countess of Rosslyn BEM

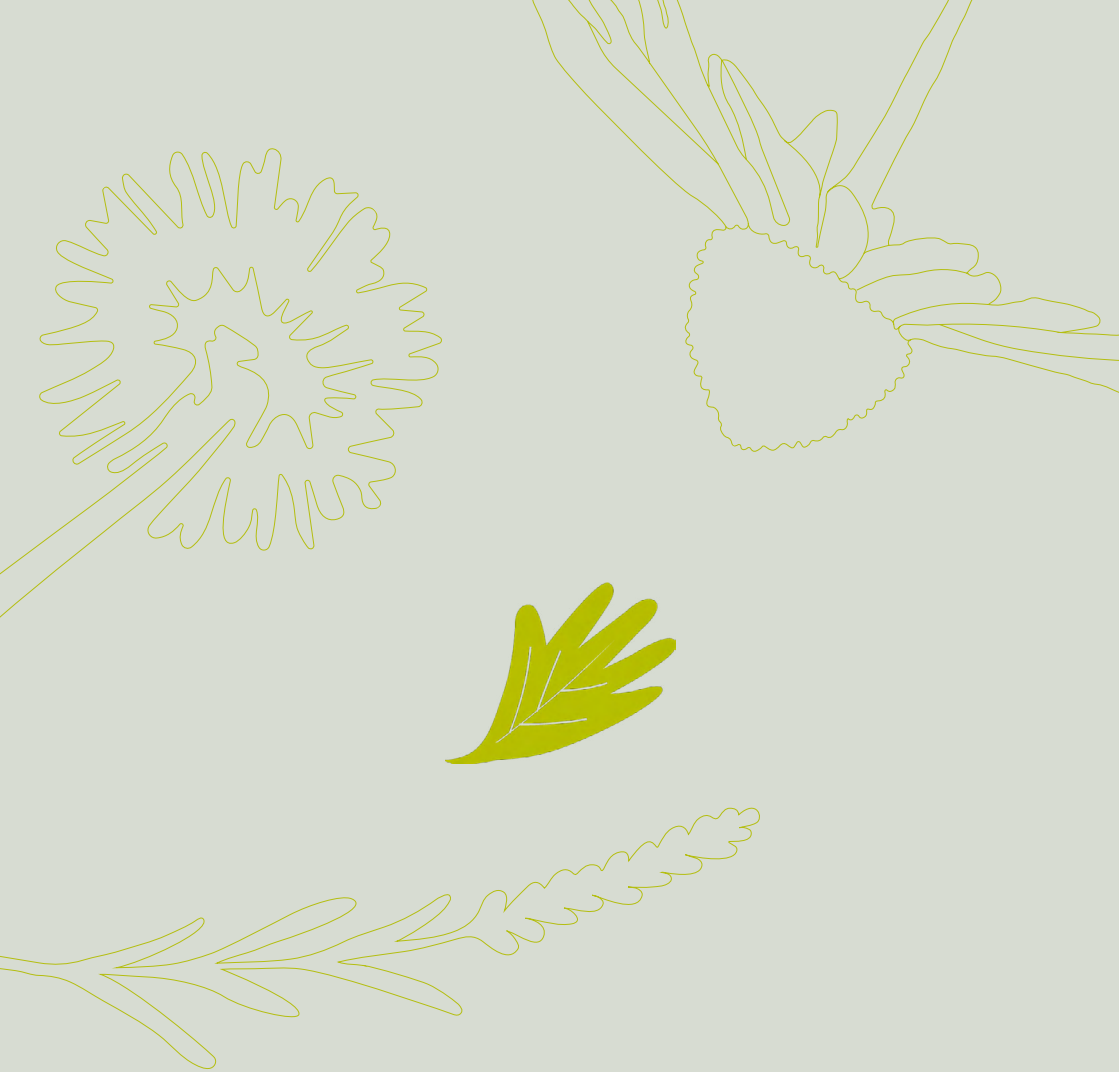
Raquel Sigamporia

The Hon. Mrs Rupert Soames DL

Yan Swiderski

Alan Titchmarsh MBE VMH DL





Photographs by Eva Nemeth, Carrie Davenport and Britt Willoughby / PGB

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