





Our vision is to have a thriving Horatio's Garden in all 11 NHS spinal injury centres across the UK.

We create and nurture beautiful, therapeutic gardens in NHS spinal injury centres to support the wellbeing, mental health and rehabilitation of people with spinal injuries, their family and friends.

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INTRODUCTION



Thank you for your interest in supporting our vital work.

Horatio's Garden can only thrive thanks to the generous gifts we receive from supporters like yourself.

After looking after your family and friends, leaving a gift in your will to Horatio's Garden will mean that you are helping to look after our gardens and support thousands of people affected by spinal injury for many years to come.

This booklet explains how to leave a gift in your will, what your gift can achieve, the benefits of leaving a gift and how you can access a free will writing service through Horatio's Garden.



OUR IMPACT

There are around 50,000 people living with a spinal injury in the UK and every year 2,500 people are newly injured.

A spinal cord injury is a traumatic, life-changing event that can happen to anyone at any time. People with spinal injuries are one of the few groups who still spend extended periods of time in hospital, often with limited or no access to the outside world.

Our gardens provide patients with a place to go that takes them away from the clinical wards. They offer people a private space to share with visitors, as well as social areas to be enjoyed in the company of others, all within beautiful surroundings.

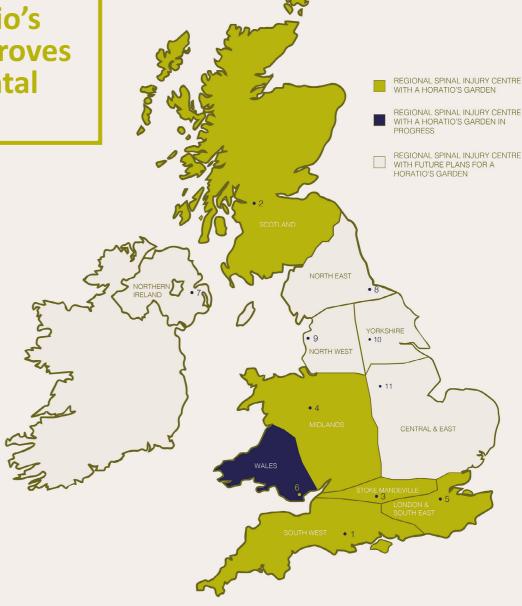
Horatio's Garden gives people the chance to breathe fresh air and appreciate a full sensory experience that is often lacking in a hospital environment.

Each project is all about planting hope, giving patients and their loved ones the space they need to adjust to their injuries.



87% of patients say Horatio's Garden improves their mental health

86% of patients believe that having Horatio's Garden has made a positive difference to their visits with friends and family



89% of staff believe they have personally benefitted from having access to the garden during lockdown

65% of patients believe that Horatio's Garden has enhanced their physical rehabilitation

- DUKE OF CORNWALL SPINAL TREATMENT CENTRE, SALISBURY
- •2 SCOTTISH NATIONAL SPINAL INJURIES UNIT GLASGOW
- 3 NATIONAL SPINAL INJURIES CENTRE, STOKE MANDEVILLE, WHICH ADMITS PATIENTS, INCLUDING CHILDREN, FROM ACROSS THE UK
- 4 THE MIDLAND CENTRE FOR SPINAL INJURIES, OSWESTRY
- •5 LONDON SPINAL CORD INJURY CENTRE, LONDON
- 6 THE WELSH SPINAL CORD INJURY REHABILITATION CENTRE, CARDIFF
- •7 THE SPINAL CORD INJURIES UNIT, BELFAST
- •8 THE GOLDEN JUBILEE REGIONAL SPINAL CORD INJURIES CENTRE, MIDDLESBROUGH
- 9 NORTH WEST REGIONAL SPINAL INJURIES CENTRE SOUTHPORT
- 10 YORKSHIRE REGIONAL SPINAL INJURIES CENTRE WAKEFIELD
- 11 PRINCESS ROYAL SPINAL CORD INJURIES CENTRE, SHEFFIELD

HOW LEAVING YOUR GIFT MAKES A DIFFERENCE



Horatio's Garden is funded solely by the generosity of our wonderful supporters.

It costs the charity approximately £1 million to design and create a new garden and it costs a further £75,000 a year to keep the garden running.

Any gift, whatever the size, will make a real difference to helping us achieve our goal of bringing a Horatio's Garden to life in all 11 NHS regional spinal injury centres across the UK.

By leaving a gift in your will, you'll be helping to ensure our gardens remain safe, accessible havens of calm for future generations.

£75,000 would fund one of our gardens for a full year, including:

- The salary of our Head Gardener and Administration Assistant, who ensure the gardens remain vibrant, welcoming places for everyone
- Provide a fun and engaging programme of activities for patients, including horticultural therapy, art workshops, live music events, barbeques and more
- The cost of the plants, seeds, compost, pots, planters and other garden equipment required each year

£20,000 would pay for everything we need to offer a year's worth of activities to patients in all our gardens, including art and craft materials, food and drink for our seasonal events, items for horticultural therapy sessions and much more.

£5,000 would pay for the compost, plants, seeds and pots needed in one garden for a year.

£2,000 would pay for garden furniture in one of our new gardens, so patients, their visitors and NHS staff have somewhere comfortable to sit and relax amongst the planting.

£500 would pay for new bird feeders, feed and bug hotels in three of our gardens, all of which provide patients with points of interest and encourage wildlife into our gardens.

"I hope you know that what you do on a daily basis is far more than simply practical work. You are having a tangible, positive impact on people's wellbeing. I can't thank you enough."



PLANTING HOPE FOR THE FUTURE

In 2020, we successfully completed our fifth project, meaning we now have vibrant communities thriving in Salisbury, Glasgow, Stoke Mandeville, Oswestry and London. Work is soon due to commence on our sixth garden in Cardiff, which will open in 2021.

There are 11 NHS regional spinal injury centres supporting all patients with spinal injuries across the UK, therefore we need to create a further five gardens to achieve our vision. These centres are in Belfast, Southport, Nottingham, Sheffield and Middlesbrough.

With the help of our generous supporters, we hope to complete all 11 gardens within the next 10 years. Your gift can play a vital part in helping us to plant hope for everyone affected by spinal injury.

We also aim to maintain all our existing gardens to an exceptional standard, so that patients, families, friends and NHS staff can relish the gardens and savour every element of these special places whenever they wish.

We commit to keeping each Horatio's Garden safe, accessible and gorgeous all year round. New plants are added with the turn of each season to offer additional colour and interest, whilst excellent activities take place throughout the year. These provide patients and their loved ones with something fun and engaging to take part in, giving everyone time away from the ward.



GETTING STARTED

How to leave a gift

Your will is one of the most important documents you will ever write. It ensures your loved ones are looked after when you're no longer there to help them in person and that your final wishes are respected.

Once your family and friends have been included, your will is also a wonderful way to continue supporting a cause close to your heart.

More and more people are including a gift to charity in their will - also known as a 'legacy' - to help the causes that matter to them.



There are three types of gift you can leave in your will:

A residuary gift: This is a share of your total estate (everything you own that is of value) after all other payments (such as lifetime debts, tax and administrative expense) have been deducted. Because a residuary legacy/gift is a percentage of your estate, it will keep its value over time.

A pecuniary gift: A pecuniary gift is a fixed amount of money that you leave in your will. It is a good idea to review pecuniary gifts regularly, as their face value can be lessened by inflation and turn out to be less powerful than you intend.

A specific gift: A specific gift is when you leave a particular item of value, such as personal possessions, property or shares

Restricting gifts: If you do choose to remember Horatio's Garden with a gift in your will and you would like your gift to go to a specific garden, or another part of our work, we ask that you express this as a wish within your will.

PREPARING TO LEAVE YOUR GIFT

Writing a will and keeping it updated is the only way for you to decide what happens to your property, money and personal possessions after you die.

It gives you the peace of mind that your loved ones will be looked after. We recommend that you use a solicitor or a member of the Institute of Professional Will Writers to help you write your will.

Horatio's Garden work with Farewill, an organisation that could help you write a will for free (you can read more about this service on page 13).

Here are five simple steps to help you prepare for writing your will

Step 1: Make a list of your assets. It can be a good idea to list your assets and estimate their value. This is something you can do yourself, saving you time and money with your solicitor. Your assets include things such as property, shares, savings and other items of value you own. The sum of these assets is your 'estate'.

Step 2: Make a list of what you owe. Always try to write down what you owe or are owed. Considering an outstanding mortgage, loans, or bills, will give you a much better idea of the value of your estate.

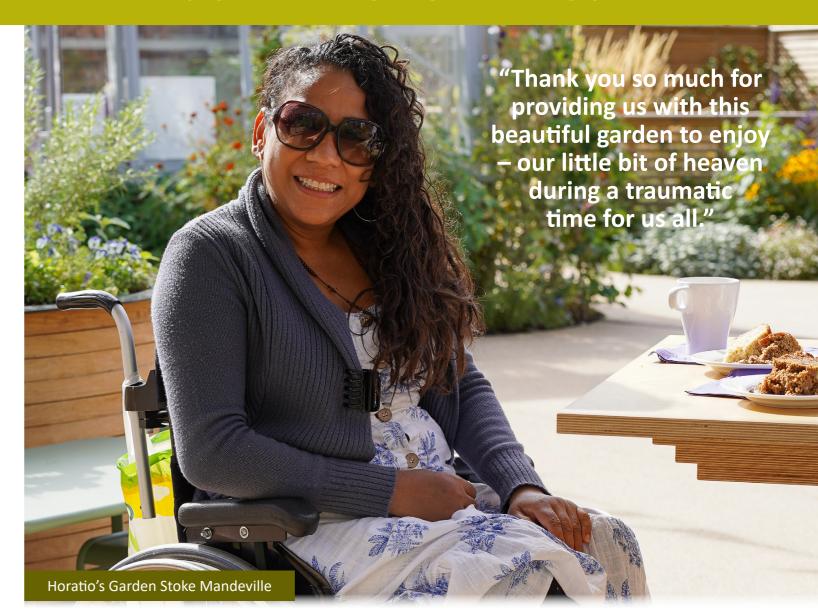
Step 3: Decide who you would like to benefit and make a list of the people and organisations, such as the charities you support, that you wish to remember in your will. Consider how you would like to divide your estate between them.

Step 4: Choose your executors and meet your solicitor/will writing provider. An executor is the person you choose to carry out the terms of your will, to ensure your wishes are fulfilled correctly. Most people choose their solicitor and/or trusted family members as executors.

Step 5: Keep it safe and up to date. Your will is obviously a very important legal document. Most people prefer to leave it in the care of their solicitor or legal advisor and keep their own copy in a safe place, ensuring their executors know where to find it.



BENEFITS OF LEAVING A GIFT IN YOUR WILL



A gift to charity is 100% tax free and is taken out of your estate before your liability for inheritance tax is calculated.

Some people see it as a useful way of bringing their estate under the inheritance tax threshold.

If you leave 10% or more of your net estate, after certain deductions, your inheritance tax rate will be reduced from 40% to 36%.

Please be aware that this is subject to change. If you would like to find out more, you'll find the most recent information available at www.gov.uk/inheritance-tax.

Your solicitor can also advise you should you need further information.

Your gift will mean you are leaving a lasting legacy that will go on to help many people across many years. Every single gift we receive is precious. It enables us to continue to support people with spinal injuries and ensures our gardens will always be there for the people who need them most.

WRITING AND AMENDING YOUR WILL



As one of our supporters, you can make your will for free.

Horatio's Garden have partnered with will writing specialists Farewill to offer you the opportunity to write and update your will for free, either online or on the telephone.

Please <u>click here</u> for more information.

If you choose to leave a gift in your will to Horatio's Garden, simply decide which type of gift is most suited to you and clearly state any additional wishes (for example, if you'd like to support a specific garden) when you contact Farewill.

Please remember to include our full name, 'Horatio's Garden', and 'Registered Charity Number 1151475' with your gift, otherwise your wishes may not be followed. Thank you.

CONTACT US

Thank you for considering leaving a gift to Horatio's Garden.

If you have any questions or would like more information, please contact us by emailing **jenna@horatiosgarden.org.uk** or call our office on **01722 326834**.

Your gift will make a real difference to thousands of people living with spinal injuries in the UK.

"When Rob spent 12 months in the Southport Spinal Unit, after the accident which left him tetraplegic, to be able to get out into the small courtyard garden was a godsend. For us to spend time to ourselves, together in a garden, away from the hospital wards was very special to us both. It was such a lasting, unforgettable, memorable time that when Rob very sadly passed away two years ago, I wanted to leave something from his will to help others be able to enjoy the sanctuary we did. A donation to Horatio's Garden seemed the ideal solution. It's a wonderful organisation bringing havens of tranquillity at a time when individuals feel lost and in need of comfort. They help hope to spring and sprout and flower eternal."

Liz Swarbrick





Registered Charity Number 1151475/SC045386