

# Newsletter



ISSUE | 3

WINTER | 2016

## HORATIO'S GARDEN SCOTLAND IS OPEN

*Horatio's Garden is a charity that creates and cares for beautiful gardens at NHS spinal injury centres. Leading garden designers develop the stunning sanctuaries. The charity is named after Horatio Chapple, a schoolboy volunteer who inspired the concept of a garden for patients who have been paralysed.*

*Horatio's Garden Salisbury was designed by Cleve West and opened in 2012. The award-winning garden has enhanced the wellbeing of patients. Horatio's Garden Scotland, designed by James Alexander-Sinclair, opened in September 2016. The charity is developing further gardens with Joe Swift's designs for Stoke Mandeville under development for 2017.*

PLANTING HOPE FOR PEOPLE LIVING WITH PARALYSIS

# HORATIO'S GARDEN SCOTLAND



In direct contrast to its urban setting, Horatio's Garden designed by James Alexander-Sinclair, is an idyllic retreat. The Queen Elizabeth National Spinal Injuries Unit in Glasgow is now surrounded by nature with a series of gardens that give patients and their families an escape - a place to find peace and hope.

The charity has received an amazing welcome to Scotland with incredible local and national generosity that meant that the fundraising appeal target was met in just six months.

The building began in March and a team of volunteers worked tirelessly planting the garden, ready to be opened by Appeal Patron and Times columnist, Melanie Reid.

Events and activities are taking place with regular garden therapy sessions and tea and cake afternoons. Artist in residence, Tracy Butler, has been painting in the garden.

Within a few weeks of opening, patient Fiona Fraser, renewed her wedding vows in the courtyard garden. Fiona said "The garden is a place where I can find a sense of peace."

Twelve and a half thousand bulbs have just been planted, promising that spring in Horatio's Garden Scotland will be spectacular!

If you're interested in joining the volunteer team, please contact Sallie on [07934 390133](tel:07934390133) or [sallie@horatiogarden.org.uk](mailto:sallie@horatiogarden.org.uk).



Chris Watt Photography



*"Horatio's Garden has made a huge difference to my stay in the Spinal Unit. It has been a place to take my visitors and show them the plants in the new woodland garden. I have watched this beautiful garden being created. I will be going home with wonderful memories of this garden and the people who work in it."*

Jenny

# 'REFLECTIONS II' AT HORATIO'S GARDEN SALISBURY

Bruce Munro's 'Reflections II', a new series of beautiful and immersive audio-visual digital animations, are being exhibited this season in the garden room at Horatio's Garden Salisbury.

Bruce said: "It is a pleasure to be involved with Horatio's Garden and the Spinal Centre at Salisbury District Hospital. Reflections are landscapes of animated light for the mind and spirit to wonder..."



Bruce Munro, Light at the Arboretum

## LOOKING OUT PROJECT

Autumn saw the start of the looking out project which is a collaborative, interactive, art project run by artist in residence Miranda Creswell. The project has created five pictures which will be placed in the wards of the spinal centre. Each picture is like a mini curiosity cabinet featuring an Ordnance Survey map of the view from the patient's room and the many features that make up the view from the windows. The aim is for the project to extend to Horatio's Garden Scotland as a way of linking the spinal centres through art.



## HORATIO'S GARDEN STOKE MANDEVILLE

The excitement is growing in anticipation for the garden build in 2017 but we still need your support to reach the fundraising target.

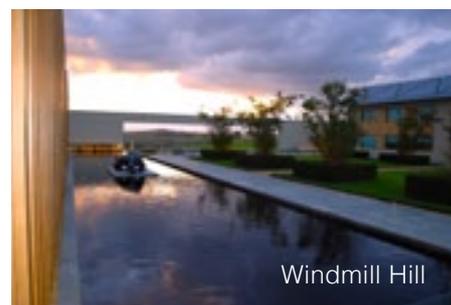
The charity hosted a fantastic fundraising reception at Windmill Hill on the Waddesdon Estate. It was the perfect setting for the evening that was generously supported by the Rothschild Foundation.



### MEET SALLIE

Sallie is head gardener at Horatio's Garden Scotland. She trained in landscape management and was inspired to become a horticultural therapist after seeing how people connect with nature and engage in gardening for enjoyment, without realising how good it is for them. Sallie's speciality bake for patients is chocolate cake or anything chocolate-based!

"It's been a wonderful experience being part of this new garden from the sense of expectation during its creation, the excitement of putting our ideas into action and the hope of what's still to come. I am in my element when growing things... from plants to people, nurture is in my bones! Being a head gardener for Horatio's Garden is the icing on the cake!"



Windmill Hill

## PERFECT PRESENTS



Horatio's Garden specialises in developing beautiful, bespoke products with UK designers and new items are always being added to the range. If you're looking for the perfect present, visit [shop.horatiogarden.org.uk](http://shop.horatiogarden.org.uk)

All profits from the sales go directly to the charity.

## GREAT FUNDRAISING IDEAS!

Our brilliant supporters have found lots of ingenious ways to fundraise, from hitch-hiking to bridge lunches to family celebrations! The Bell family held a joint gathering for their daughter's 21st birthday and their 25th wedding anniversary. They requested that if anyone felt the need to give anything at all, to give to Horatio's Garden. Their kind friends and family donated an amazing £9,610.

Thank you so much to everyone! If you could help the charity with fundraising, please contact Zoe on 0300 102 0011.



## KEEPING IN TOUCH!

So that we may send future newsletters electronically, please do get in touch with your current email address - we'll then ensure we have the right details. Send us an email to [info@horatiogarden.org.uk](mailto:info@horatiogarden.org.uk)

You can now call the charity, free of charge, on 0300 102 0011.



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## DIARY DATES

- 19** Thursday 19th January 2017  
Marmalade morning with Vivian Lloyd  
JAN

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- 2** Thursday 2nd March 2017  
Foodie feast with a celebrity chef at Eton  
MAR

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- 25** Sat 25th - Sun 26th March 2017  
Gardeners' Illustrated Garden Festival  
MAR

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- 23** Tue 23rd - Sat 27th May 2017  
Visit the Horatio's Garden stand at the Chelsea Flower Show. Sponsored by Nelsons.  
MAY

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- 25** Thursday 25th May 2017  
Chelsea Drinks Party, London.  
MAY

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- 12** Monday 12th June 2017  
Braxted Park NGS and Horatio's Garden Day  
JUNE

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- 16** Friday 16th June 2017  
Real food and clean eating talk by Lisa Osman, Salisbury  
JUNE

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- 16** Friday 16th June 2017  
Summer Drinks Party in Salisbury.  
JUNE

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- 18** Sunday 18th June 2017  
Food and Plant Fair in Horatio's Garden Salisbury.  
JUNE

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- 30** Sunday 30th July 2017  
Horatio's Garden Scotland open for Scotland's Gardens  
JUL

PLEASE VISIT THE WEBSITE FOR TICKETS TO EVENTS AND REGULAR NEWS UPDATES

## BECOME A FRIEND

By supporting the charity with a small monthly donation you will make a huge difference to the lives of patients in spinal injury centres in the UK.

Your regular gift will help to create new gardens and run events and activities for patients in the gardens. These include music, art, garden therapy, sculpture exhibitions and artists' residencies as well as good food and endless tea!

For more information, please contact us on [info@horatiogarden.org.uk](mailto:info@horatiogarden.org.uk) or 07429 140918.